



School of Occupational Therapy

pOTential

Student Conference, 8th September, 2014

Bill Gallagher Centre, City Campus, Wintec, HAMILTON

Venue: Bill Gallagher Centre, Events Room 1 and 2, Gallagher Hub (See map below).

Light refreshments will be provided for morning and afternoon tea. Lunch can be purchased either on site or a short stroll into the city centre.

Parking: Level 4a and 5 of the car parking building – access off Nisbet St is available for conference parking.

People are welcome to come and go as other commitments allow.

Programme

09.00am – 12.00pm Community Practice / Fieldwork 5 presentations

9am: Conference welcome in Room 1

Time	Room 1		Room 2	
	Agency	Student Names	Agency	Student Names
9.10am - 9.35am	Wintec Hairdressing school	Rebecca Lickfold Kate Young	OP Marketing	Sarah McKnight Natalie MacKinnon
9.35 am - 10.00am	Hope Rising Farms	Shannon Boulton Sarah Reed	Western Community Centre	Jo Wright Sue Symons
10.00am – 10.25am	Canteen	Rebecca Alsemgeest Dellyn Dalbeth	True Colours	Laura Fellows Tony Barrett
10.25am - 10.50am	Pukete Neighbourhood house	Huhana-Leigh Whautere Natasha Burns	Life Unlimited Store	Kelsee Bax Curtis Nicholson
10.50am – 11.00am Morning tea				
11.00am - 11.25am	Rauawaawa Kaumatua Charitable Trust	Dawn Schwass Meshagen Govender	Stroke Foundation	Cinnomon Crane Nathalie Ross
11.25am - 11.50am	Rauawaawa Kaumatua Charitable Trust	Alana Mather Amy O'Leary	Raukura Hauora O Tainui	Emma Gudsell, Pearl Timoti Hannah George
11.50 am– 12.15pm	THINK The Head Injury Network for Kiwis	Abigail McIntosh Annemie von Tonder		

1.00pm – 3.00pm Student Conference: Films and Podcasts

	Room 1		Room 2
Presenting	Title and Topic	Presenting	Title and Topic
Annemie van Tonder Film	DEAFined Have you ever lost your voice? How frustrating it was trying to communicate? Now imagine if you've had that struggle all your life. How grateful would you be if you discovered that your health practitioner could sign with you? How and with whom we communicate defines a large part of our lives. This film provides insight into those everyday struggles for sign language users and what we as health professionals can do to assist our clients.	Nathalie Ross Podcast	Managing with one less sense: How do you tell a deaf person you are an occupational therapist? Establishing communication between deaf clients and practitioners is an area well worth investigating. This presentation will highlight some of the difficulties deaf people face in the health sector and review guidelines for occupational therapists interacting with deaf clients to enable participation.
Cinnomon Crane Film	Initiate Inspiration Many DHB occupational therapists are being asked to train in Solution-Focused Brief Therapy (SFBT), so why is this? In this film I will explore how SFBT could enhance your existing professional skills, whether its effect with a client can be sustained, and if it could be more activity based within occupational therapy.	Rebecca Lickfold Film	Meaningful Music: Most children love music. Whether it be singing and dancing to songs, listening to the radio, or creating their own tune on an instrument. This video will explore how music is, and can be, part of occupational therapy for children.
Laura Fellows Podcast	Silicone and pressure therapy for keloid and Hypertrophic scaring: Have you ever had a scar that was a barrier to your participation? This podcast will explore how silicone and pressure therapy can change all of that. Using an example to show how together these therapies can make the difference.	Hannah George Film	Yoga, Mind, Body and Spirit The practice of yoga focuses on the balance between mind, body and spirit, which is considered integral in achieving happiness in everyday life. This film explores the benefits of yoga to enable good health, as well as occupation participation, engagement and performance.
Kate Young Podcast	Finishing Touches: Do you know someone who is dying? Do you think they should still be able to engage in meaningful occupations? This podcast will explore the evidence that supports occupational therapy interventions in a palliative care setting and how occupational therapists maintain an individual's engagement in meaningful occupations and quality of life in their final stages.	Curtis Nicholson Film	Moving towards a better future: One in six New Zealanders will experience serious depression, at some point in their life. This film will explore how occupational therapists can implement physical exercise, as an effective intervention technique, to reduce depressive symptoms and increase occupational engagement.

Abigail McIntosh Film	Musical Awakenings: Imagine a life without meaning. Can the power of music provide individuals with dementia with renewed meaning and connection in their lives? How can a simple melody transform the lives of individuals with dementia? This film is designed to explore the powerful potential of music in enhancing the quality of life of people with dementia and promoting engagement in meaningful occupation.	Kelsee Bax Podcast	Calming your senses: This podcast will explore the effects of sensory modulation in acute mental health wards. It will discuss the effectiveness of sensory rooms, specific techniques and tools used in altering people's behaviour, and at the same time increase their occupational performance
Natasha Burns Podcast	Sensing change: Imagine being a young child experiencing thoughts and feelings of anxiety, restlessness, impulsive behaviour and inattention, - wondering why you are finding it hard to play with others your own age. These problem behaviours are what children with Williams syndrome experience, making participation in occupations of social, school, and home activities difficult. This podcast is designed to raise awareness of Williams syndrome, and the need for sensory modulation, to help increase occupational participation with these children.	Rebecca Alsemgeest Podcast	The Barrier of Grief: Grief shaped by the loss of a loved one is a life transition which the elderly inevitably experience. This is a significant life-event which requires time and readjustment for the individual. Grief often acts as a barrier and affects the person's ability and motivation to engage in their everyday lives. This podcast will explore grief through an occupational therapy perspective specifically looking at the influence grief plays on the individual's health and well-being.
Emma Gudsell Film	Swimming: Not just a leisure occupation: Swimming has been a popular leisure occupation for many years but what else does it have to offer? This film will explore the benefits of swimming for children with cerebral palsy to lower muscle tone.	Bradley Pascoe Podcast	Where flowers bloom so does hope. Ever heard of the power of mother earth? Gardening has for centuries been seen through different cultures to be of benefit to both body and soul. This podcast will discuss the use of gardening groups in occupational therapy as an intervention in older persons mental health recovery.
Hayley Brouwer Podcast	My life is not the same: In the game of life have you ever wondered what it would be like to wake up one morning and not feel your hands and feet? This poster will explore my experiences supporting a client with Multi Axonal Demyelinating Neuropathy in their journey home and how changes over night affected the new beginnings of each day and how it helped to shape my appreciation for life.	Jo Wright Film	Tai Chi- catching older adults before they fall Falls are the leading cause of injury related deaths in adults over the age of 65 years. Not only do the injuries sustained effect occupational participation, but the fear of falling also leads to activity avoidance. This presentation will investigate the effectiveness of using Tai Chi as a means of improving older adults' balance, coordination and falls self-efficacy and whether it can enhance occupational participation in every day occupations.
Huhana-Leigh Whautere Film	I lost my legs but not my life: A spinal cord injury is a traumatic and life changing event for those who experience it. But how do those people overcome the challenges they face to be able to succeed in the occupations that once were? This film explores the importance of meaningful occupation in the recovery of people with spinal cord injuries and how it can influence a greater sense of life satisfaction		<i>Room 2 to be cleared.and vacated at this point.</i>

<p>Tony Barrett</p> <p>Podcast</p>	<p>Occupational Therapy in Community Development Occupational therapists predominantly work with individuals. But what if the profession applied its skills more widely? Community development is an emerging role for occupational therapy that enables occupation on a community scale. This presentation will feature two different examples of occupational therapists working in this area and consider what they have to teach us.</p>		
<p>Amy O’Leary</p> <p>Podcast</p>	<p>Doing = Wellbeing: Games, cooking and craft groups. How can these activity groups be used in mental health? Did you know they can improve the wellbeing of patients in inpatient mental health wards?. Participation in these activity groups allows individuals to experience occupational satisfaction, which can lead to improved self-efficacy and wellbeing. This media will explore how activity based groups held in inpatient mental health settings can improve the wellbeing of participants.</p>		

Afternoon Tea

Light refreshments served at back of Room 1

3.30pm – 4.00pm: Poster Presentations

ROOM 1

Presenting	Title and Topic	Presenting	Title and Topic
<p>Dellyn Dalbeth</p>	<p>Modern Learning Environments: When planning new school facilities, the path from concept to completion is lined with countless decisions, big and small.. So who determines what the optimum learning environment is to enhance occupational performance in schools? This poster will reflect on the Ministry of Education’s new Modern Learning Environment scheme and how effective it really is for the minority of children with disabilities.</p>	<p>Alana Mather</p>	<p>Get out and stay out: Imagine being isolated from normal society for up to 20 years. The world has changed and now your suddenly thrown back in to it. Occupational Therapists play an important role in assisting with transitions. This poster explores the vital part occupational therapists can play in helping offenders transition to community after lengthy prison sentences, and reduce reoffending.</p>

Sue Symons	<p>Bundles of Joy? Your bundle of joy is on it's way! But what happens when it becomes a bundle of stress, anxiety or depression? This poster will explore perinatal mental health and examine how meaningful occupation can be used to help achieve a positive outcome for both mother and baby.</p>	Pearl Timoti	<p>Meeting Milestones: Occupational therapy in a newborn intensive-care unit. This poster will explore the benefits an occupational therapist can provide for premature babies and their parents, to increase the child's quality of life for their future</p>
Sarah Reed	<p>Holding on to reins for greater occupational gains: Difficulty walking, loss of balance, lack of coordination, an impaired ability to grasp objects and muscle fatigue, sounds unpleasant doesn't it? Unfortunately for a large portion of New Zealanders living with hemiparesis, this is a reality they face on a daily basis. This presentation aims to explore the use of Hippotherapy as a therapeutic modality to enhance an individual's occupational performance in daily tasks by combating some of the physical and neurological consequences of hemiparesis.</p>	Shannon Boulton	<p>Exploring the recovery approach in New Zealand and psychosocial interventions. The recovery approach was brought about by the user's movement. It aims to empower and enable service users through promoting hope and the belief that recovery is possible for everyone. This approach has now been implemented into New Zealand mental health legislation. But what does utilising the recovery approach actually look like? Furthermore, can occupational therapists utilising psychosocial interventions support and improve the recovery of service users?</p>
Dawn Schwass	<p>Te Whare Tapa Wha: 101 Te Whare Tapa Wha is beginning to give Maori a distinctive voice, particularly in mental health services, but how can we ensure this is carried over to a fast-paced, acute setting? This poster will explore how the four dimensions of Maori health can be integrated into occupational therapy practices in acute settings- a must read for new graduates and overseas practitioners.</p>	Sarah McKnight	<p>Don't hit the floor: Falls prevention Falls are the most common cause of injury in the elderly and the chance of falling is as high as one in two for those over 80 years of age. So what can occupational therapists do and what really works when looking at falls prevention? This poster through a review of the literature will explore the interventions that are most effective.</p>
Natalie Mackinnon	<p>I join in? What would it be like if you didn't have the skills or knowledge to be able to start a conversation or pick up on social cues? Children with Autism have a range of occupational and performance problems that interfere with their full participation in school, home and community activities, especially when it comes to social interactions. This poster will explore the different occupational therapy intervention strategies that can be used to improve the social interactions of children with Autism.</p>	Meshagen Govender	<p>Living Well: Living skills are an essential factor for people with a mental health condition to have. They enable individuals to live a meaningful life, whilst maintaining autonomy. This poster will discuss the strengths and the challenges of using living skills with mental health clients along with the who, what, when, why and how occupational therapists implement a selection of intervention techniques with these individuals.</p>

Event Map:



Thank you for supporting our students

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